



Massage Therapy Health History Information Sheet

The information request below will assist us in treating you safely. Feel free to ask any questions about the information being requested. Please note that all information provided below will be kept confidential unless allowed or required by law. Your written permission will be required to release any information.

Name: _____ Phone #: _____

Address: _____

Occupation: _____ Date of Birth: _____

Please indicate conditions you are experiencing or have experienced:

<p><u>Cardiovascular:</u></p> <p><input type="checkbox"/> High Blood Pressure</p> <p><input type="checkbox"/> Low Blood Pressure</p> <p><input type="checkbox"/> Chronic Congestive Heart Failure</p> <p><input type="checkbox"/> Heart Attack</p> <p><input type="checkbox"/> Phlebitis/ Varicose Veins</p> <p><input type="checkbox"/> Stroke/CVA</p> <p><input type="checkbox"/> Pacemaker or Similar Device</p> <p><input type="checkbox"/> Heart Disease</p> <p>Is there a family history of any of the above? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><u>Respiratory:</u></p> <p><input type="checkbox"/> Chronic Cough</p> <p><input type="checkbox"/> Shortness of Breath</p> <p><input type="checkbox"/> Bronchitis</p> <p><input type="checkbox"/> Asthma</p> <p><input type="checkbox"/> Emphysema</p> <p>Is there a family history or any of the above? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p><u>Infections:</u></p> <p><input type="checkbox"/> Hepatitis</p> <p><input type="checkbox"/> Skin Conditions</p> <p><input type="checkbox"/> TB</p> <p><input type="checkbox"/> HIV</p> <p><input type="checkbox"/> Herpes</p> <p><u>Other Conditions:</u></p> <p><input type="checkbox"/> Loss of Sensation, Where? _____</p> <p><input type="checkbox"/> Diabetes, onset: _____</p> <p><input type="checkbox"/> Allergies/Hypersensitivity to what? _____</p> <p>Type of Reaction: _____</p> <p><input type="checkbox"/> Epilepsy</p> <p><input type="checkbox"/> Cancer, Where? _____</p> <p><input type="checkbox"/> Skin Condition, what? _____</p> <p><input type="checkbox"/> Arthritis</p> <p>Is there a family history of arthritis? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p><u>Head/ Neck:</u></p> <p><input type="checkbox"/> History of Headaches</p> <p><input type="checkbox"/> History of Migraines</p> <p><input type="checkbox"/> Vision Problems</p> <p><input type="checkbox"/> Vision Loss</p> <p><input type="checkbox"/> Ear Problems</p> <p><input type="checkbox"/> Hearing Loss</p> <p><u>Woman:</u></p> <p><input type="checkbox"/> Pregnant, Weeks: _____</p> <p><input type="checkbox"/> Gynaecological Conditions, What? _____</p> <p>Overall, How is your general health? _____</p> <p>Other Comments: _____ _____ _____</p>
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Name: _____ Health Card #: _____

<p>Current Medications: _____</p> <p>Condition it treats: _____</p> <p>Are you currently receiving treatment from another health care professional? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If yes, for what? _____</p> <p>Surgery- Date: _____</p> <p>Nature: _____</p> <p>Injury- Date: _____</p> <p>Nature: _____</p>	<p>Do you have any other medical conditions? (e.g. digestive condition, haemophilia, osteoporosis, mental illness)? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Do you have any internal pins, wires, artificial joints or special equipment? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>What is the reason you are seeking massage therapy? Please include the location(s) of any tissue or joint discomfort.</p> <p>_____</p> <p>_____</p>
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Notes:

Date of initial Health History (Massage Therapist use only) :

Update 1:

Update 2:

Update 3:

Update 4:

Name: _____ Health Card #: _____